Our 37th Year In

# REBUILDING

## When Your Love Relationship Ends

September 11, 2017
January 8, 2018
March 26, 2018
July 9, 2018
September 24, 2018

## Instructors:

Dr. Dan Feaster: *D.Min, MSW, LCSW*
Helen Feaster: *A.A.S.*
Linda Pettersen: *MSW, LCSW*

Divorce and Personal Growth Seminars
http://www.RebuildersMadison.com/

**REBUILDING**
**Divorce and Personal Growth Seminars**
**3192 Breeze Dr. Sun Prairie, WI 53590**

http://www.RebuildersMadison.com/
Email: RebuildersMadison@gmail.com
Facebook.com/RebuildersMadison

Rebuilding Classes for 2017-2018

*Promoted by National Public Radio*

**Class Participants Remarks:**

"This class has allowed me to laugh again and be hopeful"
"I learned more out of this class than I did with 30 years of life"
"This class has helped me to learn to trust again"
"I made a wonderful new group of friends"
"I found this program far superior to my church support group"

## ***Seminar Location***

Water Tower Place
5900 Monona Drive, Monona WI
*Check out our Facebook page for updates:*
Facebook.com/RebuildersMadison

## Rebuilding Seminar Registration Form

To Register, Complete this Form and Return it with a $35 Non-Refundable Deposit to:
3192 Breeze Dr.
Sun Prairie, WI 53590
(Make checks payable to Rebuilding)

_____
First and Last Name

_____
Home Address

_____
City, State, Zip

_____
Home Phone

_____
Cell Phone

_____
Email Address

Class: ☐ September 11, 2017 ☐ January 8, 2018
☐ March 26, 2018 ☐ July 9, 2018
☐ September 24, 2018

Please Check One: ☐ Male ☐ Female

☐ Early Bird Class Fee $275*
(Postmarked two weeks prior to Opening Night)

☐ Regular Class Fee $300*

*Space is Limited.*
***Pay Online Now***

# Attend a FREE 90-Minute Lecture on the Rebuilding Program at 6:30 p.m. on:

September 11, 2017
January 8, 2018
March 26, 2018
July 9, 2018
September 24, 2018

*Walk-Ins are welcome but Pre-Registration is strongly encouraged. Check the website for any changes for the Opening Night.*

*www.RebuildersMadison.com*

## Fees:

The Seminar Tuition Fee is $300 with an Early Bird discount of $25 for those registered two weeks in advance. **Not accepted by insurance plans. Payment plans are available.**

**Included in Fee:**

- 30 Seminar Hours
- Additional Class Materials
- Fisher Divorce Adjustment Scale (Pre-Test and Post-Test)

***Required Materials Not Included in Fee:**

- Textbook is $19 Extra
- Workbook $20 Extra

## Seminar Outline

| Week | Topics |
|---|---|
| 1 | Rebuilding Blocks of Breakups |
| 2 | Analysis of Relationships |
| 3 | Grieving your Losses |
| 4 | Anger |
| 5 | Leftovers from the Past |
| 6 | Improving your Self-Esteem |
| 7 | The Masks we hide behind |
| 8 | Learning to Love Again |
| 9 | Relationships and Friends |
| 10 | Healthy Sexuality and Dating |

## Instructors:

**Dr. Dan Feaster,** *D.Min, MSW, LCSW*: Dr. Feaster started teaching this program in 1983 with the founder Linda Pettersen. Dan also teaches the Advanced Class along with Helen. He is the Executive Director and a Licensed Clinical Social Worker at the Samaritan Counseling Center and has been teaching Pre-Marriage and divorce classes for over 35+ years in the Madison area.

**Helen Feaster,** *A.A.S.*: Helen has taught Pre-Marriage classes with Dr. Dan Feaster and has been involved in the Rebuilding program for the past 30 years. She has also taught classes on blended families and relationships for over 30 years.

**Linda Pettersen,** *MSW, LCSW:* Linda Pettersen is the founder of the Madison Rebuilding Program. Linda is also a Licensed Clinical Social Worker at the Samaritan Counseling Center and has provided individual and couple counseling for over 35+ years.

For More Information Contact:

**Dan or Helen Feaster**
Phone: (608) 837-4578
E-mail: **RebuildersMadison@gmail.com**

## About the Seminar

This seminar is based on Dr. Bruce Fisher's model developed in Boulder, Colorado and has been offered nationwide. We have held 600 classes with 6000 participants in the Madison area since 1981.

Dr. Fisher created a 10-week course, which he found hastens the adjustment period to the breakup of a love relationship. His model is one of education and group support with a measured growth rate for each participant. Classes meet for three hours, one evening a week, for 10 weeks and are open to both men and women, whether ending a marriage or love relationship.

***Dr. Bruce Fisher had personally commented on our program stating it was one of the most successful Rebuilding Programs in the country!!***

## What you will Gain

- An understanding of the process by which one adjusts to the end of a love relationship
- Explanation of the emotional aspects of this process, including grief, guilt, anger, rejection and loneliness
- Building a support system of new friends
- Direct personal feedback of your own breakup adjustment process
- The ability to identify issues that may be worked on in counseling
- Access to Rebuilders Singles Network